

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Choices Pregnancy Center, Redwood Falls #285532

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Goal: To provide pregnancy, parenting, and life skills education to pregnant and parenting women and their partners, and to make referrals to necessary services.

For the period/quarter:

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	To provide pregnancy, parenting, and life skills education to pregnant and parenting women and their partners, and to make referrals to necessary services		Training component at bi-weekly staff meetings to continue to improve staff skills and services offered. Oversee grant program including reporting requirements and budget monitoring.	
Outreach	To provide pregnancy, parenting, and life skills education to pregnant and parenting women and their partners, and to make referrals to necessary services		Write and post educational blog 2 times each month, with complementary social media posts to drive traffic to our website and increase interest in our services. Networking with local professionals to improve referrals: Health and Human Services, Child Protection Team, Southwest MN Regional Navigator, Southern Prairie Community Care.	
Crib Distribution/ Sleep Safety Education	Provide Sale Sleep lesson and ability to earn Pack 'n' Play or crib through Earn While You Learn program.	2	Clients took the "Reducing the Risk of SIDS" lesson. One of these 3 chose to spend her baby bucks on a pack 'n' play.	3

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Fatherhood Programs	Fathers (partners of mothers in Earn While You Learn) will be served through the Earn While You Learn program. Life coaching will also be provided to assist fathers in meeting their life goals.	15	16 services were provided to fathers, including pregnancy and parenting education, and incentives purchased with earned Baby Bucks.	16
Life-Skills Education Program	Provide individual sessions on relevant pregnancy and childbirth topics. Life coaching will also be provided to assist participants in meeting their pregnancy-related life goals. Participants earn "Baby Bucks" to spend on incentives in the Baby Buck Boutique.	5	No clients chose life-skills lessons as part of their curriculum this quarter	0
Nutrition	Provide individual sessions on good nutrition during pregnancy, for breastfeeding, and during infancy. Participants earn Baby Bucks to spend on incentives in the Baby Buck Boutique.	5	14 lessons were given that taught about breastfeeding and infant nutrition.	14
Parenting Education	To provide pregnancy, parenting, and life skills education to pregnant and parenting women and their partners, and to make referrals to necessary services	35	43 lessons were given to improve clients' parenting knowledge and skills. Popular lessons included: Reducing the Risk of SIDS, Age Appropriate Play, Care and Bathing of a Newborn, the Impact of Domestic Violence, and Milestones.	43
Pregnancy Education	Provide individual sessions on relevant pregnancy and childbirth topics. Life coaching will also be provided to assist participants in meeting their pregnancy-related life goals. Participants earn "Baby Bucks".	22	24 lessons were given to teach clients about pregnancy and childbirth. Popular lessons included: Learning about Labor, Managing Labor, and several lessons on breastfeeding	24

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	Bucks" to spend on incentives in the Baby Buck Boutique.			
Provide Necessary Services to all clients	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	8	All clients who received services this quarter were offered referrals to necessary services	14
Provide Necessary Services Assessments Only	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	1 - 2	All grant clients chose to participate in the EWYL program in addition to accepting referrals offered.	0
Transportation	Provide intake assessment to determine need. Provide women with information on, referral to and	6	Four transportation vouchers were given out during this quarter. Other clients were able to walk or had their own transportation.	4

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	assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals			

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	9
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	0
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	1
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	2

Challenges:

Comments: